Every candidate for the issue of a Certificate as Rating Forming Part of a Navigational Watch on Ships of 500GT or more shall-:

- (a) Not be less than 18 years of age on the date of commencement of the examination for the issue of the Certificate
- (b) Have completed:
- (i) at least nine months training and experience relevant to bridge watch keeping as approved by the Chief Examiner on vessels of 500GT or more; or
- (ii) a period of approved sea going service of not less than five months on ships of 500GT or more and a period of approved special training of not less than two months; or
- (iii) Not less twelve months approved seagoing service in a relevant capacity in the deck department during the period from August 1, 1993 to August 1, 1998 on ships of 500GT or more;

Provided that ratings who do not possess twelve months of sea service during preceding five years from the date of examination shall follow a special Refresher Course as approved by the Chief Examiner;

- (c) produce documentary evidence of having successfully completed the approved training in Personal Survival Techniques (A-VI/I-1in STCW Code), Fire Prevention and Fire Fighting (A-VI/I-2in STCW Code), Elementary First Aid (A-VI/I-3in STCW Code), and Personal Safety and Social Responsibilities (A-VI/I-4in STCW Code), before he or she can be considered as having qualified for the issue of the Certificate as a Rating Forming Part of a Navigational Watch; and
 - (d) Meet the standards of competence specified in section A-11/4 of the STCW code